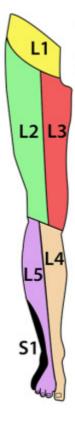
SIMPLIFIED DERMATOMES OF LOWER LIMB

These are approximate dermatomes that are perfectly adequate for most clinical practice and for testing, for instance, in lumbar disc lesions.
(See "dermatome dance" for an easy way of remembering and demonstrating them)

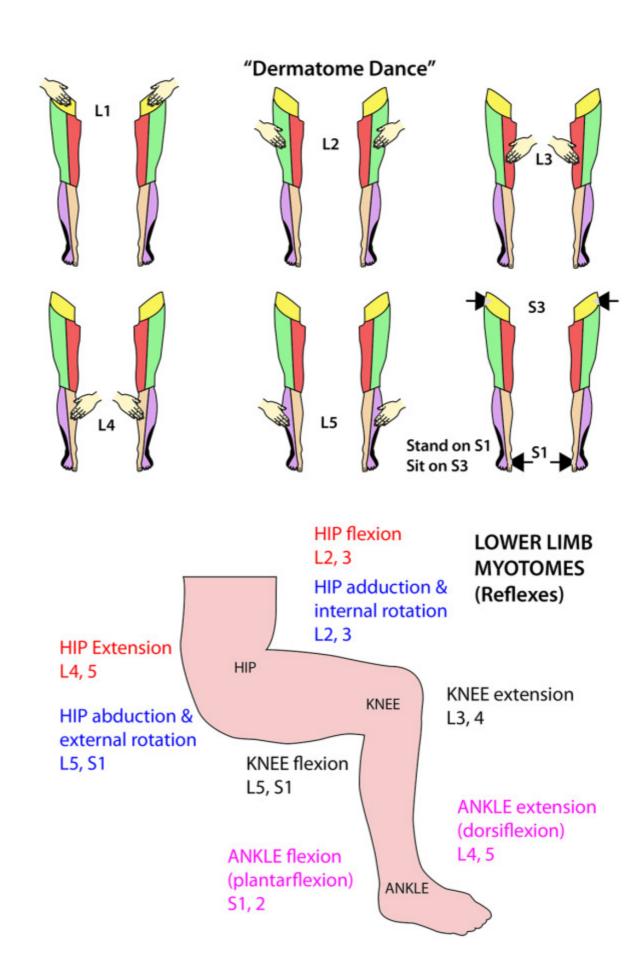
Across foot on both dorsal and plantar surfaces from medial to lateral is L4 - L5 - S1



T12 Suprapubic area

L1 Hand's breadth below inguinal ligament, side of penis and scrotum

Stand on S1 - Sit on S3



LIMB TENDON REFLEXES

